

PART

5



**THE REAL
RICHES**

12 Real Riches

By Napoleon Hill

"Everyone desires to be rich, but not everyone knows what constitutes enduring riches, and most people believe riches to consist only in material things that money can buy."

These are the words of **Napoleon Hill**, an outstanding self-help author who in 1937 shocked the world with his comprehensive scientific research, which included what constitutes the following twelve life's real riches:



- | | | | | |
|---|---|----------|----|-------|
| 1. A positive mental attitude | 0 | □□□□□□□□ | 10 | _____ |
| 2. Sound physical health | 0 | □□□□□□□□ | 10 | _____ |
| 3. Harmony in human relationships | 0 | □□□□□□□□ | 10 | _____ |
| 4. Freedom from fear | 0 | □□□□□□□□ | 10 | _____ |
| 5. The hope of future achievement | 0 | □□□□□□□□ | 10 | _____ |
| 6. The capacity for apply faith | 0 | □□□□□□□□ | 10 | _____ |
| 7. Willingness to share one's blessing | 0 | □□□□□□□□ | 10 | _____ |
| 8. To be engaged in the labor of love | 0 | □□□□□□□□ | 10 | _____ |
| 9. Open mind on all subjects and people | 0 | □□□□□□□□ | 10 | _____ |
| 10. Complete self discipline | 0 | □□□□□□□□ | 10 | _____ |
| 11. Wisdom to which understand people | 0 | □□□□□□□□ | 10 | _____ |
| 12. Financial security | 0 | □□□□□□□□ | 10 | _____ |

Have you noticed how money comes at the end of Napoleon's list?

TOTAL SCORE 120 / _____

Give yourself a score, then in three months from now score yourself again to check your progress.

What are the REAL RICHES of Life?
Napoleon Hill.
YouTube.



Money

What is money?

Almost everything spins around money. It was like this in the past, it's like this today and most likely will remain like this tomorrow. As Zig Ziglar used to say "**money is not the most important thing in life, but it is reasonably close to oxygen.**"

What money is, **what money does, and what meaning you give** to money **are three separate** questions.

I grew up thinking that a balance amount of money was optimum to live a good life, without the hassle of becoming materialistic, or joining the wrong gang, or becoming de-attached to the real world.

Then, as I grew older I noticed that money was simply the balance between buying or selling myself for it, or better buying or selling my energy for it.

When we go to work we are putting our energy input into our jobs and get paid in return. Then, we spend the money we earn in exchange of someone's else product, or service.

Money is simply a medium of energy exchange. For example, you can buy free time with money, or you need to sacrifice your time to earn it.

The misunderstanding of money?

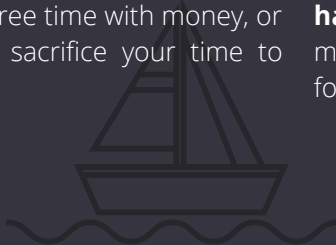
The misunderstanding of money is where the issues start, in a nutshell if you are a good person with money you become a more influential person, if you are a bad person with money you become an asshole.

It's **how we use money that determines the outcome of what we become, or what value we create.**

Money cannot buy love, but it **can create the setting** to make it happen. Money can't buy health, but it increase the chance to achieve it, and the cures to afford it.

As such, be aware that **we are ultimately the determine factor**, and as Zig Ziglar used to say "money may buy you a house, but it won't buy you a home. It will buy you a companion, but won't buy you a friend. It will buy you a good time, but won't buy you peace of mind. It will buy you a good bed, but won't buy a good night sleep. It will buy you a partner, by won't buy you love. It can buy a doctor, but can't buy good health."

In summary, **money can buy you an island but can't buy you happiness.** It's up to us how we use money to manifest the life we desire for ourselves and others.



So, what's your philosophy towards money?

Think about it for a moment, abundance has rarely rage a war, like scarcity does, in the same way prosperity wins over misery, and I wish for you a life full of prosperity. Thus as a Hero-in-the-making you shall **consider becoming financially literate,** and understand the principles of:

- cash-flow
- tracking your spending
- investing in the market
- investing in real estate
- debt and interest rate
- how money are created?
- how to off-set your income tax?
- inflation (hidden tax)
- how to parallel your activities or business for tax deductions
- how to create leverage and assets?
- how to reduce debt and liabilities?
- understand your pension or superannuation investments

Change your internal vocabulary from saying "it's too expensive" into "how can I afford it?"



You will get all you want in life, if you help enough other people get what they want.

ZIG ZIGLAR
AMERICAN AUTHOR, SALESMAN, AND MOTIVATIONAL SPEAKER

Mini recap...

THE REAL RICHES

- Positive mental attitude
- Health and harmonic relationships
- Free from fear
- Hope to better future
- Share one's blessing
- To be engage in love and faith
- Having an open mind
- Complete self discipline
- Wisdom
- Financial security

MONEY

- "Money is not the most important thing in life, but it is very close to oxygen"
- Money is a medium of energy transfer
- How we used money determines the outcome of what we become, or what values we create

- Money can buy you an island but can't buy you happiness
- Become financially literate about cash-flow, spending, investing, debt, interest rate, taxation, leverage, and retirement strategies



Real Hidden Riches

While we are busy looking for riches on the outside particularly focusing on what we don't have, **what if one day you wake up and truly realize that most of your desires, knowledge and power already reside inside of you?**

Don't be surprised; we already discover earlier how the power of imagination affects meaning, and how meaning affects reality. Thus, let's explore together what else our perfect body in its energetic life form has to offer.

This section could be challenging since we will be exploring concepts which are not easily perceivable nor visible to the naked eye. Physically speaking our bodies are made of many systems like the skeletal, cardiovascular, digestive etc.; which everyone undeniably believe and understand their functions. We can see them, we can hear them.

Although I want you now to become more aware that **our body is** more than just bones and muscles, it's **made of an amazing river of electrical energy.** As a fascinating electrical being we emanate energy fields, electromagnetic forces, telepathic perceptions, light frequencies, photons particles, and I can go on and on.

It's a **super machine interconnected with other energetic fields**, in the physical and meta-physical dimension, able to tap into quantum consciousness, and even astral time travel during out-of-body experiences.



As a Hero-in-the-making, despite something may look or sound coming from a Shi-Fi movie, **you must ditch skepticism** until you have done your due diligence. In other words you cannot afford ignorance! Many people get offended by this word, despite ignorance simply meaning lack of knowledge, or awareness.

Not because something seems to good to be true, it can't be achieved. Think about it, we tap into a smartphone the size of a palm that does some of the most incredible things instantly and invisibly through GSM, Bluetooth, and WiFi technology; it uploads and downloads data into the Cloud, and can even be charged wirelessly. How incredible is that?

Despite not even having a clue on how smartphones work we still use them, and it's truly disappointing that if we accidentally drop them and brake them they don't self reconstruct and repair, yet.

So, don't be a fool; **open your mind to what else your human body and mind are designed and capable of**, stretch further your real potential, your real riches.

The concepts that I am presenting next are far from new, although thanks to quantum mechanics, the theory of atoms and subatomic particles, modern quantistic science has been able to proof many breakthroughs and it is up to you to explore them further during your Hero's journey.

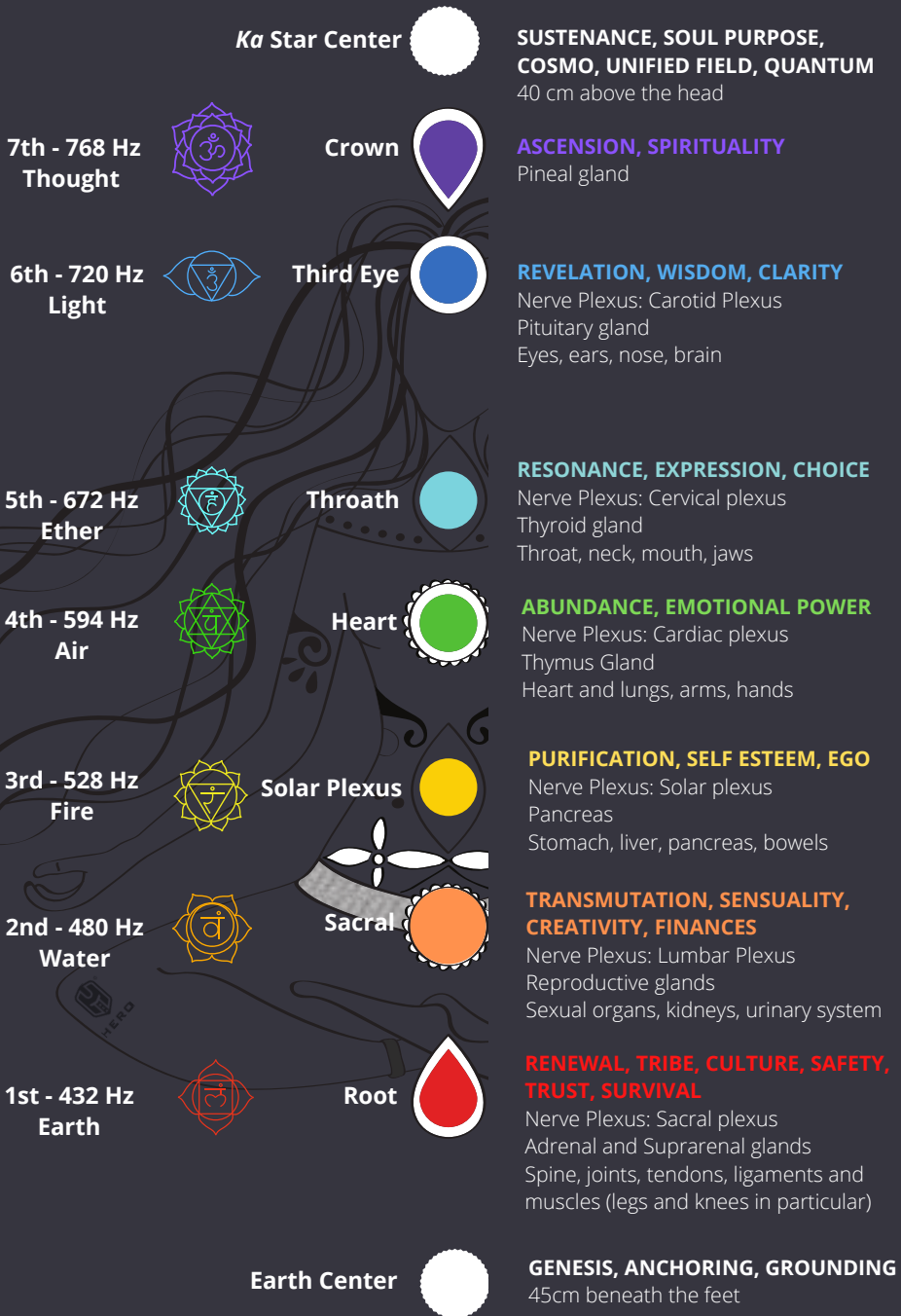


It takes considerable
knowledge just to realize
the extend of your
ignorance.

TOMAS SOWELL
AMERICAN ECONOMIST, SOCIAL COMMENTATOR, AND AUTHOR

Our Major Centers

Combination of Ancient Egyptians and Yogis



The Chakras

The chakras are major confluences conceptual structures in our subtle energetic system. The yogic tradition claims that this "subtle anatomy", as it is often referred to, consists of a network of 72,000 channels that **conduct an energetic life-force throughout our body.**

These focal energy channels form a tremendously ramified nerve-network and meet in various major confluences.

Chakras, meaning "wheel" or "circles" often depicted in the shape of geometrical flowers serve as vortex mediators between the energetic-spiritual and the physical, mental and emotional aspects of our being and **influence all levels of human existence.**

Chakras are **mostly located where human beings experience emotional and/or spiritual energy.**



Where this knowledge come from?

From ancient Egypt, mystical Judaism, Buddhism, Mayans and several native American tribes. Most detailed descriptions of the chakras are found in ancient **Sanskrit scriptures** (the oldest language of southern Asia).

What are some common expressions of chakras in the western society?

I am sure you have heard the expressions when people speak of having a "broken heart", "cold feet" or "shaky legs", each feeling is an indication of its respective chakra. "Butterflies in the stomach" is an indication of the sacral chakra, or feeling suffocated in the throat is an indication of the fifth chakra.

Chakras are intuitive to us all, they are an intimate experience that resonates within our body, energetic system and emotional sphere at all times.

The chakra system western yogis follow is that found in a Sanskrit text written by Pūrṇānanda Yati in 1577 which was later translated in English by John Woodroffe in 1918.

Since much of the wisdom was lost in translation and inevitably created some inaccuracies, let's keep an open mind on the subject particularly when chakras varies depending the type of practice.

How are chakras interconnected?

Chakras regulate and carry our "life-force", termed "Prana" by Yogis, and "Qi" by Chinese medicine, through what Yogis call "Nadis", and what Chinese medicine calls "Meridians."

Most traditions describe the major chakras **lined up along, and entwined around** the central nerve-column, which corresponds to **our physical spinal cord**, running from our coccyx to the very top of our head.

According to the chakras literature chakras **operate between the physical and the spiritual**, serving as a mediator, a device that transforms the material into spiritual and the other way around.

How chakras influence our well-being?

Where energy meets in concentration forming a minor or major circular center, **chakras**, it energetically **influence the surrounding nerve-system**, as well as **its related glands, organs**, including **our consciousness**, and several distinct **emotional, mental and spiritual aspects**.

For example, did you know that 95 per cent of your mood depends on your brain bowel? Yes, the bowel has a second brain because of hundreds of millions neurons and neural connection present here.

Consequentially, a healthy balanced chakra provides vital nourishment, in contrast to an unbalanced, or blocked chakra which by processing less energy less efficiently, it restricts nourishment to its region, and in turn affects the body.



Chakras are a meeting point of all possible levels of human existence – physical, energetic, emotional, mental and spiritual.

Are there any machines capable of measuring chakras?

Yes, each chakras like every organism in our body correspond to one specific frequency, and **through** a methodology called **bioresonance** for example we are able to measure and replicate the frequency of any energy wavelengths coming from our body.

The first bioresonance machine was invented in Germany in 1977 by Franz Morell and Erich Rache.

Similarly today there are various machines in the market with different names claiming to read auras and chakras by detecting the electric currents from our hands.

Some of these machines even have an aura camera to interpret the aura-chakra energy into an instant film.

I personally experience several bioresonance therapy sessions, since not only can be used to balance all chakras, but also to balance the left and right brain's hemisphere, as well as neutralize and detect body radiation, heavy metals, bacteria, toxins, parasites and other harmful "intruders."

What causes chakras to become blocked?

In a nutshell when we experience **anxiety, stress, depression**, or other forms of psychological, emotional issue causing a **poor diet, lack of sleep, smoking, drug abuse, overexertion** (working too hard), or **lack of exercise**, we're draining our energy physically and mentally. How?

By breathing more shallow and rapidly, by tightening our body increasing its tension, we are practically reducing the oxygen supply and capacity of our body to produce and transport energy.

When our energy flow is disrupted for long periods of times, the most weaken chakra slows down or even blocks. Think of it as a big city that stops working due to no electricity.

Other reasons that can cause chakras to become blocked can be associated with **general sickness** due to **inflammation, viruses, bacteria, parasites, heavy metals, radiation** as well as tumor, cyst, cholesterol buildup, plaque in our arteries, as well as a backed up digestive system.

In summary, **anything that depletes your physiological river of energy** is reducing your chakras functionality.

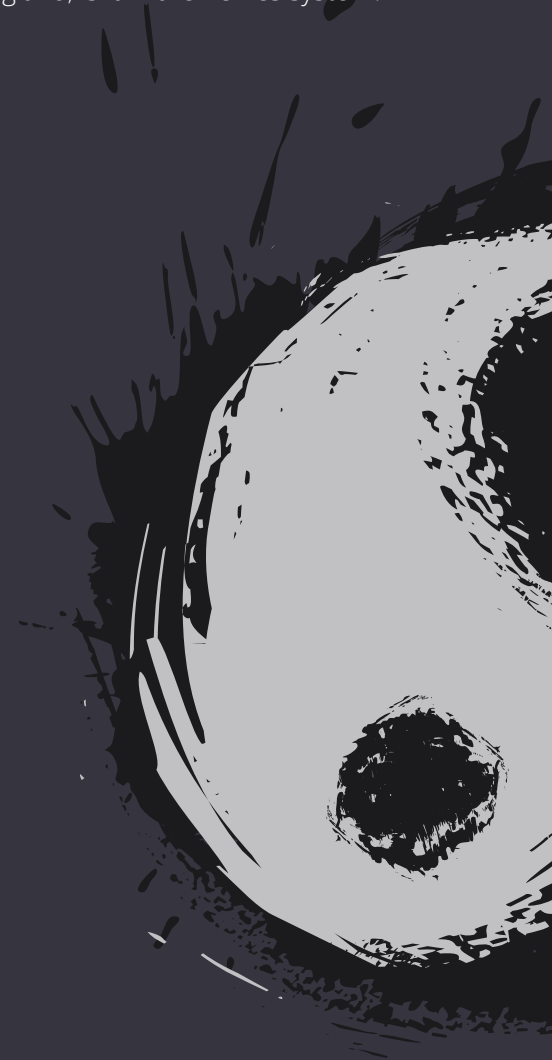
What effects blocked chakras have?

Since every chakra is in charge of the energy supply of a certain area of the body, providing life force to the organs, glands, and nerves, if imbalance or blocked noticeable physical, emotional, or spiritual discomfort feelings related to the blocked area will appear. They can range from tiredness, weariness, fatigue, lack of energy to headaches, stomach acid, inability to sleep, experiencing fear, anxiety, feeling unsafe without reason, feeling angry, hateful, or feeling a lack of creativity, confidence, motivation etc.

Moreover, when one chakra doesn't operate properly for a long period of time, other chakras can become imbalance, some by spinning faster helping to direct more energy than normal, others slower due to the blockage.

Unfortunately, as **imbalances cause more energy depletion and inefficiencies**, more serious symptoms start to appear such as high blood pressure, frequent stomachaches, liver issues, constipation, insomnia, erectile dysfunctions, missed periods, low sex drive, weak immune system, depression, all the way to impact our heart's electrical conduction system causing an heart attack.

The type of discomforts depend on where the life energy has stopped flowing, is it in an organ, is it in a gland, is it in the nerves system?



How to deal with blocked chakras?

It's important to **identify when you feel your physical or mental energy draining**, thus learn techniques that aim to calm yourself and reduce the tension, the stress that you accumulate daily, or weekly really help.

In fact, you probably already heard of the dualism Chinese concept of Yin Yang. Similarly in this situation as **being active and exercise is beneficial for our wellbeing (Yang), it is equally important to learn how to relax and rest (Ying)**.

Thus explore ways to meditate, to calm yourself down, to switch off your mind regularly.

Methods used to balance chakras can be found through:

- acupuncture
- ayurvedic medicine
- chakra therapy
- Qi gong, Thai chi
- polarity trusted source therapy
- pulsed electromagnetic fields (PEMF) therapy
- grounding
- reconnective healing practices
- yoga
- rhythmic deep breathing
- music sound therapy
- energy healing medicine
- reiki
- Tibetan rites exercises
- chanting and dancing.



The metaphysical side of chakras energy centers and DNA

One of the metaphysical concept found in Sanskrit text is the principle of karma. **Karma fundamentally conceptualizes “my actions”** under that principle of cause and effect, **wherein intent and actions** of an individual (cause) **influence the future** of that individual (effect). Karma applies to good or bad actions past or present towards others, and also towards ourselves, Karma is known to **affect our chakras** metaphysically by either blocking, healing or even expand them respectively. How?

It's has all got to do with frequencies and vibrations. Good karma that produces joy and love vibrates in the high energy emotional spectrum of 500 Hertz, in comparison to shame and guilt which vibrate around 20 Hz.

Frequencies are most commonly measure in Hertz (Hz) as cycles, or oscillations per one seconds.

1 Hertz (Hz) = 1 cycle / 1 sec

1 Kilo Hertz = 1000 Hz

1 Mega Hertz = 1 million Hz

So you must become aware that your actions and thoughts are frequencies of emotion, **you are producing energy in motion, “(e)motion”** and that's just the beginning.

Our body is composed of energy-producing particles everywhere, each of which is in constant motion. Think for a moment about your heartbeat, or your breathing rate, they're examples of physiological rhythms that you can see, feel, and measure. The same applies to **each cell, each DNA strain and even each atom in your body.** They're living being, they are energy, and living frequencies!

What does this mean?

It means that **your actions and thoughts** in their energetic form **are influencing all the cells and atoms of your body every second.** It means that you are more in charge than you could have ever imagined, and highly connected to every particle in your body.

So, from an energetic point of view your **balanced chakras are giving you an overall measure of your life force** and if you activate them even further you can unlock more of your human potentials.

In the metaphysical field your energetic frequency has the capacity to influence mind over matter, to influence substance over attribute, to influence potentiality over actuality, and even bend the properties of space and time, cause and effect, reality and possibility, **indisputably revealing that the richest of the riches is in you.**



The healthy human body resonates at a frequency of 62-78 MHz, and diseases start when the frequency drops to 58 MHz.

BRUCE TAINIO
RESEARCHER AND FOUNDER OF TAINIO TECHNOLOGY



HERO

Let's recap...

OUR HIDDEN RICHES

- Our body is a river of energy
- You can connect with other energetic fields and dimensions
- You must ditch skepticism
- Open you mind to what your body is capable of

OUR MAJOR CHAKRAS CENTERS

- Chakras Diagram
 - frequencies, positions and descriptions
- Most of Chakras' knowledge comes from ancient Sanskrit scriptures
- Cold feet, shaky legs, broken heart are common western expression of chakras
- Chakras are wheels of energetic life force (Prana or Qi) that runs though our meridians (Nadi)
- This life force runs in all parts of our body like a river of energy primarily via our spinal chord
- Chakras influence all level of human experience:
 - Our nervous systems, glands and organs
 - Our emotional, mental, and spiritual state
- Our lifestyle, nutrition, and stress' levels influence our Chakras causing them to become unbalance affecting our health and vitality
- Yoga, reiki, acupuncture, bioresonance are some common methods in helping to regulate Chakras
- Each cell, each DNA strain and even each atom in your body is an energetic frequency vibrating
- My human emotions, and thoughts are also frequencies capable of influencing "cause and effect" (my Karma)
- In the metaphysical field your energetic frequency has the capacity to influence mind over matter
- The richest of the riches is already in You!



14th Milestone Quiz

Choose the most correct answer according to the BEA HERO's teaching. When you're ready undertake your official quiz online on our website using the link or the QR code.

14th Milestone Test.
Beahero.world.

Q1. Select which of the "real riches" was listed by Napoleon Hill?

- a) Harmony of love and fear.
- b) Have a positive mental attitude.
- c) Don't believe most people think.
- d) Be careful how you apply faith.

Q2. What is money?

- a) A form of exchange to which measure your worth in life.
- b) A medium of energy transfer.
- c) Something with witch to buy peace of mind.
- d) It is the root of all evil.

Q3. What money does and what meaning we give to it is essentially the same thing?

- a) True.
- b) False.

Q4. What's something important to be aware of in the subject of money?

- a) That money is never enough.
- b) That money is the reflection of someone ethnicity.
- c) That money can be exchanged but never created.
- d) That money cannot buy all intangible assets (love, health, friends, happiness..)

Q5. What should you consider learning about money?

- a) Spend two third of what I earn and save the rest.
- b) Become financially literate.
- c) That money is more important than oxygen.
- d) That economic life is better with a credit card.

Q6. What is referred in BEA HERO as "hidden riches"?

- a) The fact that our human body is more than muscles and bones.
- b) The fact that humans are capable to tap into quantum consciousness.
- c) The fact that humans are super machines interconnected with other energetic fields.
- d) All of the above.

Q7. What are chakras?

- a) They are vortex of focal energetic life-force present in our body.
- b) They are points where most arteries and veins join like in the heart.
- c) They are a system of passageways that evolve into tiny air sacs called alveoli.
- d) They are a special filter system for our body, that remove waste products from the blood.

Q8. What is often referred as body meridians?

- a) Lines drawn from the North Pole to the South Pole right angles to the Equator.
- b) The paths through which the life-energy known as "Qi" or "Prana" flows.
- c) The midway between the times of sunrise and sunset on that meridian.
- d) All of the above.

Q9. How can a blocked chakra influence you?

- a) By influencing the surrounding nerve-system.
- b) By influencing our consciousness.
- c) By influencing our mental and spiritual aspects.
- d) All of the above.

Q10. How can you deal with blocked chakras daily?

- a) By avoiding ways to increase my river of energy.
- b) By going for a run until I am absolutely exhausted.
- c) By taking on yoga or Thai chi regularly.
- d) By avoiding low glycemic foods.

Q11. What is Hertz?

- a) A rental car company offering best discounts to all Heroes.
- b) The measurement of our heart rate acceleration or deceleration.
- c) The standard measurement defined as one cycle per second.
- d) It is the difference in charge between two electric points.

Q12. Is there any method capable of measuring human frequency?

- a) Yes, through methodology such bioresonance and radiometry.
- b) Yes, by measuring your heart pulses.
- c) No, since the body doesn't have a main frequency.

Q13. What is Karma?

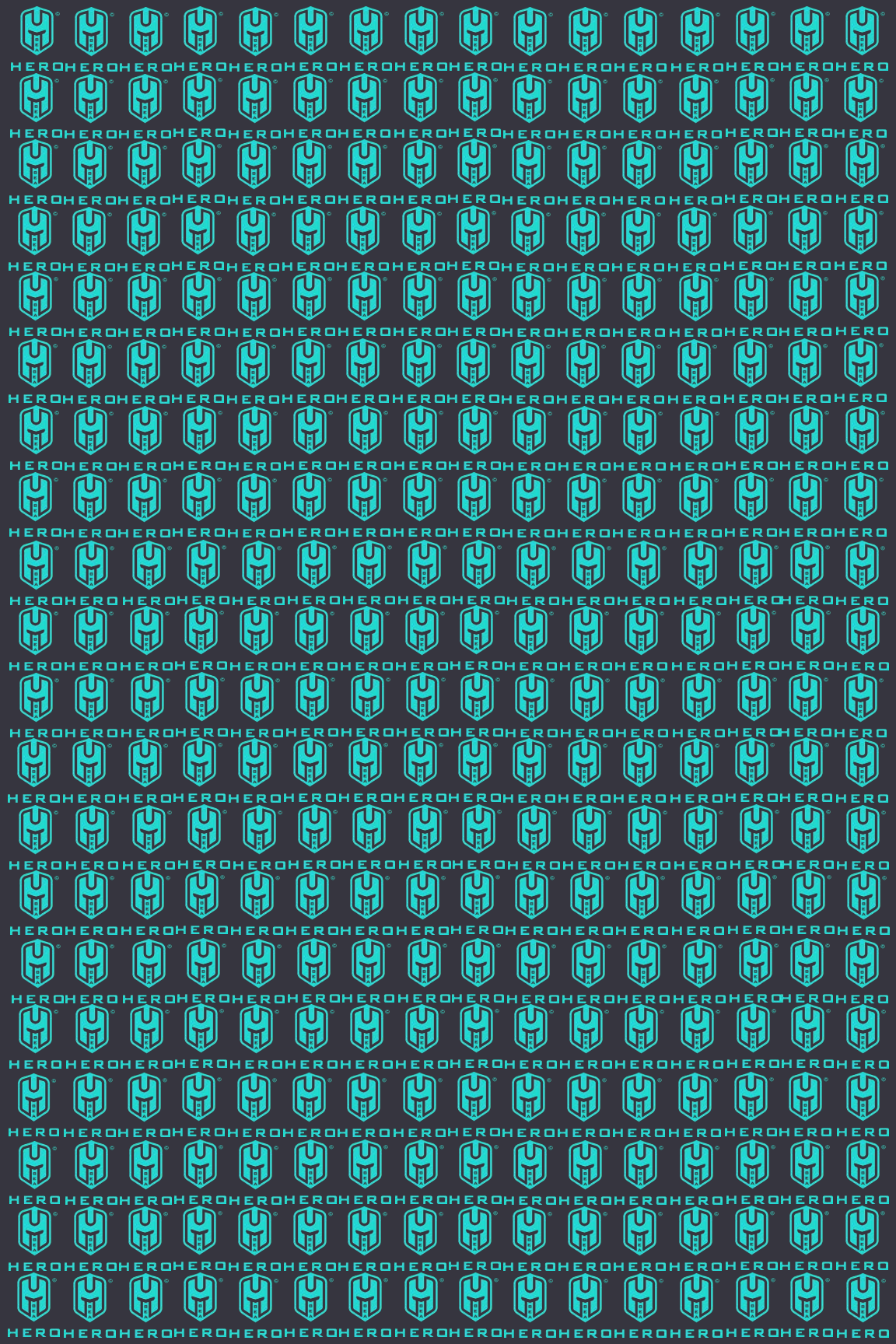
- a) It's the conceptualization of dreaming.
- b) A form of energy that reflects the cause and effects of our actions.
- c) It's the fate of one's person.
- e) All of the above.

Q14. Does each cell and each DNA strain in your body vibrates at a certain frequency?

- a) True.
- b) False.

Q15. Can you control the frequency state of your body?

- a) Yes, since all particles of our body are interconnected.
- b) Yes, but only when sleeping deeply.
- c) No, unless our Chakras are properly balanced.
- d) No, unless our Karma is good.





**THE NEXT
LEVEL **

OUR BIOLOGICAL INTERNET

In this chapter I am going to present you with some recent astonishing scientific facts in relation to frequencies, because I want to reinforce how the richest of the riches lies in you, and I will begin this journey by sharing here how our human DNA is much more than what we think it is and does.

As a Hero-in-the-making you cannot afford not to comprehend how much what you think, say, listen to, focus on, imagine, or project affect your inner and outer world.*

So, this chapter will help to close the loop to many of our previous topics, such as what is the meaning of life, what is reality, and what role do you play in it?

The answer can almost sum up to: "My brain is only a receiver, in the Universe there is a core from which we obtain knowledge, strength and inspiration. I have not penetrated into the secrets of this core, but I know that it exists" - Nikola Tesla.

Let's begin!

*
Becoming Supernatural: How Common People Are Doing The Uncommon.
John Dispenza.
2017.

**
Quantum Consciousness: Reconciling Science and Spirituality Toward Our Evolutionary Future(s). 2010.
Kingsley L. Dennis.
Article. World Futures. The Journal of New Paradigm Research.

The DNA biological language

Science is making astonishing grounds proving how **our human DNA is a superior biological internet** capable of extrasensory perception, intuition, spontaneous and remote acts of healing, self healing, mind's influence on weather patterns and even activities considered supernatural.**

More specifically, In 2011 the Russian biophysicist and molecular biologist Pjotr Garjajev conducted several experiments **modifying DNA using only sound and light frequencies.**

The experiment was outstanding when a frog embryos was transformed into a salamander embryos by transmitting the DNA information patterns through frequency alone.

What does this means? It proves that:

- **frequency carries or is information,** and
- **repetitive frequency,** in the form of light or sound, **has influence over physical matter capable of changing DNA without side effects.**

They same team of scientists didn't stop there, they also paired linguists with geneticists and test the **impact of vibration and language on human DNA**, their discovery?

- **Human DNA stores data** like a computer's memory system, and
- **human DNA uses grammar rules and syntax** in a way that **closely mirrors** our **human language**.

The experiment found out that our DNA follows a regular grammar and set rules, leading to another conclusion that:

- **all human languages are simply verbalization of the human DNA.**

In other words, not only our languages did not appear by coincidence, but according to other supported research, since language is a reflection of our inherent DNA it means that:

- **humans can influence and reprogram DNA by the use of words (frequencies)** without cutting out and replacing single genes.

These discoveries as more research and scientific studies are undertaken may finally explain why affirmations, or hypnosis can have strong effects on humans and their bodies.

For centuries ancient wisdom traditions and spiritual teachers have been applying the knowledge that the **human body is programmable by language, words, and thought**. When we think about the various mantras and chanting rituals that are present in every religion and traditions across the planet, it makes me realized how much of our intuition and customs have helped us connect to our inner self, way before science could provide answers.

Since we are now learning how words and frequencies can highly impact our DNA, what can we do to tap to this potential?

Application of Sound Frequencies as an Epigenetic Tool.
Journal of Clinical Epigenetics. 2017.

Networked Intelligence,
Grazyna Gosar,
Franz Bludorf.
2008.



If you want to find the secrets of the universe, think in terms of energy, frequency and vibration.

NIKOLA TESLA

INVENTOR, ENGINEER, AND FUTURIST BEST KNOWN THE DESIGN OF THE MODERN ALTERNATING CURRENT ELECTRICITY, REMOTE CONTROL, NEON AND FLUORESCENT LIGHTS, WIRELESS TRANSMISSION, COMPUTERS, SMARTPHONES, LASER BEAMS, X-RAYS, AND ROBOTICS

Network intelligence and hyper-communication

In nature hyper-communication and group consciousness is nothing new, in fact it has been successfully applied for millions of years from the organized flow of life in insects such as ants, bees, and termites to our closest pets who can tell from afar when their owners plan to return home. But, **it's the skill of hyper-communication accessible to humans?** Where do we stand scientifically?

While the modern research in the last twenty years has been timid to provide strong evidence, in the book "Vernetzte Intelligenz" (Networked Intelligence), Grazyna Gosar and Franz Bludorf explain that **our human DNA is capable of feeding and retrieving data to and from a hyper network,** connected to other participants creating one individual group consciousness like a biological internet.**

We all have a taste of this, such as when before we receive a phone call or a message from someone we though few seconds prior, but can this hyper communication be learnt, replicated and proven scientifically?

**
Application of
Sound Frequencies
as an Epigenetic
Tool. -
Journal of Clinical
Epigenetics

Properties of biophotons
and their theoretical
implications.
Fritz-Albert Popp Ph.D.,
National Library of
Medicine.
2003

Some scientists interpret the **our DNA is an organic superconductor** that can work at normal body temperature, and capable of store information, with phenomenon linked to super small wormholes. **Our cells communicate with each other** by exchanging vital information transmitted **on different frequencies of light** (biophotons).

This biophotons property has been discovered to exist in all living things, making literally all living things **beings of light**, each radiating a very vital life force and expressing an actual light field around our bodies.***

In fact, **everything in our known universe is made up of or emits either light and information;** commonly refered as energy and consciousness. These two elements are so combined that's not possible to separate them.

What could this mean?

It could means that we are effectively beings of light, each radiating a vital force and expressing an actual light field around our bodies. Our biophotons can be detected by extremely sensitive cameras, showing that the stronger the emission the greater the communication between cells, and the healthier the organism.

The master key of repetition

As scientists prove that DNA can be reprogrammed by words and vibrations, since everything is effectively frequency, what would happen if you **replicate and amplify periodically the same frequency?**

A phenomenon known as **resonance**, from Latin *resonantia*, meaning echo or resound **is generated**.

Resonance has very powerful effects from shattering a glass through a singer's voice to the collapsing of a bridge due to wind howling. From levitating objects to healing the human body.

Resonance is in fact so powerful that **affects all types of vibrations in different ways:** mechanical, acoustic, electromagnetic, nuclear, electron spin and even of quantum wave functions.

Repairing human cells, quantum healing

Since the 19th century physiologist such as Claud Bernard, cybernetics Norbert Wiener, and physicist Nikola Tesla, supported that unhealthy tissues conduct pulses differently to health tissues; and when Dr. Royal Raymond Rife invented the Rife Machine in 1920, he enabled to calculate body's frequencies, and by applying biofeedback therapies he was capable of **restoring body balance and successfully treat patients' disease**.**

Since then technology and science has exponentially develop allowing more methods of treating diseases using specific pulsed electric fields, which focus on regeneration rather than elimination medicine.

If you really want to learn more about this topic look up the latest work in quantum healing by Dr. Lana Morrow, medicine neuroscientist, Founder, CEO, and creator of THINK system,**** or Dr. Joe Dispenza about self healing brain waves on Becoming Supernatural.*****

Becoming
Supernatural by
Dr Joe Dispenza.

THINK Interfaces
Incorporated.

**
Morphological
Transformations
Of Human.
G. Dubost,
A.Holland, J. Bare.
2013.

*
Morphic
Resonance: The
Nature of
Formative
Causation.
Rupert Sheldrake,
2009.

Rife's World of
Electromedicine.
Berry Lynes, 2009.

Water reprogramming

A Japanese scientist, Dr. Masaru Emoto became popular when his experiment showed that thoughts and vibrations can affect the molecular structure of water.

In his research, for some literature controversial, he photographed thousands of water crystals after been exposed to different thoughts and emotions. He discovered that the most beautiful formations were formed after the water was exposed to words resonating with "love" and "gratitude," while water exposed to negative emotions like "hate" and "war" form incomplete, asymmetrical patterns with dull colors.

If **thoughts can** influence water, can thoughts **influence our body** since it is composed of around 70% of water?

This internal communication reminds me of the positive affirmations taught by many coaches, such as Olympian trainer Johanes Shultz the creator of autogenic training currently used by NASA, or doctors like Dr. Christiane Northrup documenting that what we tell ourselves in front of the mirror each day has a great effect in improving our lives.

So, let me propose you a quick and effective exercise.

MY MAGIC MIRROR

Instead of focusing on your imperfections when staring at the mirror practice the following affirmations. It will seem very strange at first, but just do it.

Look yourself straight in the eyes and firmly say to yourself:

- **I am getting better and better everyday**
- **All I need is at my disposal**
- **I love myself very much**
- **I can do it, I am smart**
- **I love my body, I am sexy**
- **I am perfect and strong**
- **I am special and important**
- **I am funny and good company**
- **I make a difference to this world**
- **I am free and safe**
- **I am wealthy and rich of ideas**
- **I am forever grateful**
- **I am a Hero**
- **(Make your own ones)**

Remember that when the mind talks the body listens, always not only when you are in front of your mirror.





When you talk to yourself
you should be your own
best coach instead of your
worst critic.

DENIS WAITLEY
AMERICAN MOTIVATIONAL SPEAKER, WRITER AND CONSULTANT

The riches in empty space

What's to me mind blowing is that the universe is made 99.9% of empty space, including us.

Yes, while 0.01% of our body is atomically made of 700,000,000,000,000,000,000 (octillion) atoms primarily oxygen, carbon, hydrogen, nitrogen, calcium, and phosphorus, the **remaining 99.9% is empty space!**

All atomic things are mostly empty space. Try to picture the nucleus the size of a marble, and its electrons spinning around as specks of dust a half mile away.

But, how can this be even possible, and **what's in between the empty space?**

Intelligence and frequency.

As a result like all things in the universe we are made of intelligence and frequencies that we refer as consciousness and energy. Our main organs vibrate between 60-80 megahertz. Our chakras vibrates between 400-800 Hertz. Even our DNA heals at 568 Hz.

The Earth's pulse, known as the Schumann resonance, is 7.83 Hertz, which interesting enough matches the relaxed alpha/theta frequency range of our brain.

The sun resonance is 126.22 Hz, the moon 210.42 Hz, and all planets alike have their own energetic resonance which influences us physically and emotionally.

This is what expands to the precious knowledge of astronomy, which according to the book of Hermetica, astronomy holds the key to the source of spiritual philosophy.*

*
**Hermetica: The
Lost Wisdom of
the Pharaohs,
by Freke Timothy
& Gandy Peter.
1997.**



Mundus Nihil
Pucherrimum.

(The World Is a Beautiful Nothing).

GIORDANO BRUNO

ITALIAN DOMINICAN FRIAR, PHILOSOPHER, MATHEMATICIAN, POET,
COSMOLOGICAL THEORIST, AND HERMETIC OCCULTIS

Supernatural Meditation



The following meditation technique developed by Dr. Joe Dispenza aims to speed up the energy up and down our spinal cord, ultimately allowing the pineal gland to release a powerful elixir, one of which "anesthetizes the analytical mind and thinking brain".**

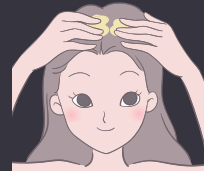
Dr. Dispenza has proven that when expressing elevated emotions during the meditation it energizes the growth of new neurons and gene expressions. It has also been discovered that are our **emotions that turn DNA genes on and off**, and not the other way around it.

**Becoming
Supernatural by
Dr Joe Dispenza.
2017.**

1. Sit up straight on a chair with both feet flat on the floor, or sit on the floor on top of a pillow with your legs crossed. Place your hands beside your thighs.



2. With your finger find the center of your scalp. Press this point down gently with one fingernail. Try to remember where this point is since it is the focal point of this meditation.



breath



3. As you breathe normally through your nose, follow your breath up-flow from your perineum, through your lower and upper abdomen, as the air flows to your chest, your throat, your brain all the way to the top of your head where your finger was.

4. After a couple of times, when the breath gets to the top of your head, stop and hold your breath there for 5-10 seconds, focus right to the top. Then relax.

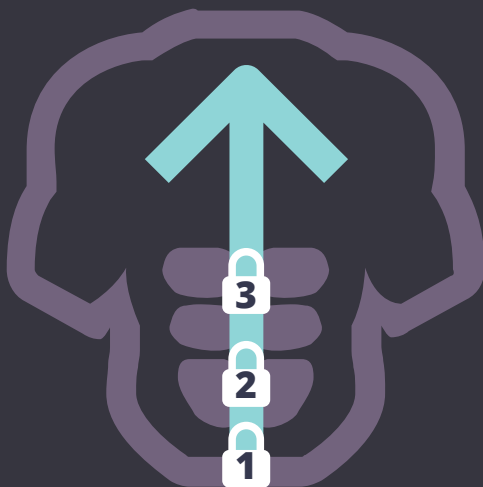
(If it helps, place your finger on top of your head again to find the center of your scalp).

This time you are going to pull air by contracting your muscles upwardly order. Our overall aim is to send energy stored in the lower part of the body into the brain.

5. So, as you **inhale from your nose** at the exact same time **contract your perineum muscles** (like if you were holding your urine), and **lock it tight**.

As you keep inhaling **squeeze your lower and upper abdomen muscles**, and **keep them tight**.

(Keep those three core muscles squeeze locked).



6. While your core muscles are tight, preventing energy to go downward, **continue breathing** by pulling the air **through your chest, throat** and finally all the way to the **head**.

Once you reach the head, **hold you breath for 10 seconds**.

While holding, **keep your attention to the top of your head** (pineal gland).

Relax as you **exhale**.

6. **Repeat** the process as long as you wish.

Tips:

- Inhale slowly at the beginning since there is a lot going on
- Only lock the lower part of the body, not the chest and throat
- Have some solfeggio music playing in the background
- Work your way up to ten seconds hold
- Keep focusing your attention to the point on top of your head

7. Once it becomes easier, open your focus to different parts of your body, then the space around those parts.

For example, **focus on the empty space** inside your head, then the empty space inside your heart. Why? Because 99.9% of the universal intelligence vibrates in the riches of empty spaces.

8. **Feel the empty space with gratitude**, abundance, freedom, and love. Those heart-centered emotions open the gateway to the subconscious mind.

9. Let yourself expand and **become no body, no one, no thing, no where, and in no time**. Let go of all things. Let elevate your pure consciousness. Let it happen. Become liberated.



You can be watchful, you can be concentrated, you can be alert, but all that will ever teach you is what not to do.

ALAN WATTS
BUDDHIST, TAOIST, AND HINDU PHILOSOPHER

Where does it end?

It doesn't! The more I research these topics, the more studies, podcasts, and books I continue to discover. It will require more than this chapter to share the supernatural abilities that many universities, peer reviews, government agencies, independent associations, are discovering and better understanding. But, my aim was to give you a good taste of our supernatural abilities and if there is one that catapult you beliefs natural laws is this last one I am going to share with you, parapsychology.

PhD. in parapsychology, Jeffrey Mishlove has shared profound experiences in uncovering human abilities essentially consigned solely to the esoteric, paranormal worlds, and contact with spiritual forces.

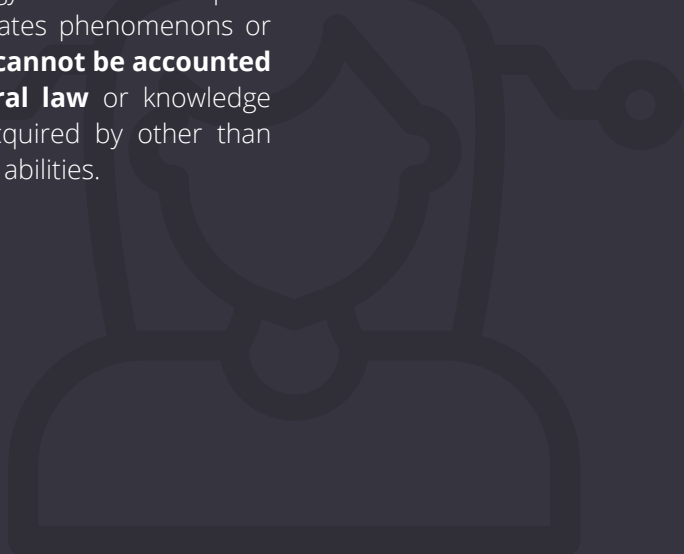
What is parapsychology?

The Britannica dictionary describes parapsychology as the discipline witch investigates phenomenons or **events that cannot be accounted for by natural law** or knowledge apparently acquired by other than usual sensory abilities.

For example, **clairvoyance**, perceiving things or events in the future or beyond normal sensory contact, **telepathy**, transmission of information from one person to another without using any known human sensory channels, or **psychokinesis**, the psychic ability that allows a person to influence a physical system without physical interaction, **are all types of parapsychology events that don't use ordinary sensory channels.**

I know it sound absolutely crazy, although, did you know that the U.S. Army teaches soldiers parapsychological skills? Yes, in fact they teaches soldiers things like **remote viewing, invisibility** and phasing.

If these subjects interest you, study them, since it can only helping to further expand your perception of reality and supernatural mind.





7.83 Hz is the very pulse
of the Earth's natural
harmonic frequency.

WINFRIED OTTO SCHUMANN
GERMAN PHYSICIST

Self hypnosis - DNA programming before Zzz



Self hypnosis is a recognize form of reprogramming for our own super powerful mind. Experts in this field in fact agree that we are and we become what we think about.

Did you know that we already go into a natural state of hypnosis few times a day like when driving, or at night before we fall asleep?

So, how do we tap into this powerful state?

When you are comfortable in your bed before falling asleep answer the following three questions:

- 1. What's my ideal tomorrow?**
- 2. What do I want to happen?**
- 3. What do I want to accomplish?**



Engaging with your inner self before sleep is a powerful form of self hypnosis. Your subconscious is listening, your cells are listening, your DNA is listening, the whole quantum field is listening. Remember that each word, each thought is frequency and it carries information.

To help you with this new routine you can complete a daily journal.
(At the end of this book you'll find a seven days journal).

Good night Hero.



Daily Journal

Date :

S M T W T F S

Emotional level



_____ - Happy - Peaceful - Relaxed - Energetic - Satisfied - Disappointed - Lethargic - Tensed - Worried - Unhappy - _____

Things to be grateful for

Today's happiest moments or memories

Today's achievements or progress

People I am grateful for

Today's quote or best lesson

Tomorrow's goals

Why do I want to achieve it?



How can I best achieve it?

Daily Journal

Date :

S M T W T F S

Emotional level



_____ - Happy - Peaceful - Relaxed - Energetic - Satisfied - Disappointed - Lethargic - Tensed - Worried - Unhappy - _____

Things to be grateful for

Today's happiest moments or memories

Today's achievements or progress

People I am grateful for

Today's quote or best lesson

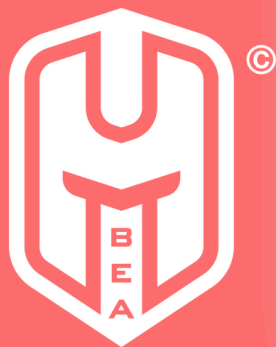
Tomorrow's goals

Why do I want to achieve it?





How can I best achieve it?



HERO

Let's recap...

THE NEXT LEVEL - OUR BIOLOGICAL INTERNET

- Science has proven that:
 - Frequencies carries or it is information
 - Light and sounds are form of frequencies
 - Frequencies have influence over physical matter
 - Our DNA is a superior biological internet that:
 - stores data like a hard drive
 - uses grammar rule and syntax similar to our language
 - can be influenced and programmed using words, and thoughts
- All living things in the universe emits either light or information
- The universe communicates with its elements through biophotons or different light frequencies
- **We are beings of light interconnected**

RESONANCE

- Is the periodic repetition of the same frequency
- It has very powerful effects in all fields including quantum
- It can be used to change and even heal our DNA

WATER REPROGRAMMING EXPERIMENT

- Thoughts can influence our body
- My Magic Mirror affirmation routine

THE RICHES IS IN EMPTY SPACE

- 99.9% of everything is empty space
- Intelligence and frequencies fill the empty space
- All things in the universe are intelligence and energy

SUPERNATURAL MEDITATION

- Breathing technique, focusing on the empty space
- Overall goal is to become no-one, no thing, no where, no time

PARAPSYCHOLOGY

- It investigates phenomenons that cannot be accounted for by natural law

SELF HYPNOSIS - DNA PROGRAMMING BEFORE SLEEP

- What's my ideal tomorrow?
- What do I want to happen?
- What do I want to accomplish?

DAILY JOURNAL - Samples



15th Milestone Quiz

Choose the most correct answer according to the BEA HERO's teaching. When you're ready undertake your official quiz online on our website using the link or the QR code.

15th Milestone Test.
Beahero.world.

Q1. Is DNA affected by frequencies?

- a) Yes, but only if repetitive.
- b) No, since frequencies don't influence DNA.
- c) Yes, DNA is influenced by sound and light frequencies
- d) No, DNA has a shield that protects it from external frequencies.

Q2. Is true or false that our DNA is a form of biological internet?

- a) True.
- b) False.
- c) Cannot say.

Q3. How can someone influence their DNA?

- a) By using a infrared microscope.
- b) By using words, thoughts,
- c) By using a Tesla's coil only.
- d) By using hypnosis only.

Q4. Is the DNA an antenna?

- a) Yes, the DNA is a supernatural conductor capable of retrieving data to and from a hyper network.
- b) No, it is a just a molecule composed of two polynucleotide chains that coil around each other.
- c) No, since nobody has access to the matrix WiFi password.

Q5. What are a biophotons?

- a) They are the maximum reproductive capacity of an organism under optimum environmental conditions.
- b) They compose the elements of the parts of Earth where life exists.
- c) They are the biological variety and variability of life on Earth.
- d) They are photons of light in the ultraviolet and low visible light range that are produced by all living things.

Q6. What best defines the resonance?

- a) It's the phenomenon of increased amplitude that occurs when the frequency of a periodically applied force is equal or close to a natural frequency of the system on which it acts.
- b) It's the replication and amplification periodically of the same frequency.
- c) It's resound.
- d) All of the above.

Q7. What's a property of resonance?

- a) It affects only some types of vibrations in different ways.
- b) It can be used to heal the human body.
- c) It's the cause of bridges collapsing with time.
- d) All of the above.

Q8. What's 99.9% of any matter made of?

- a) Sub-atomic particles.
- b) Empty space.
- c) Electrons.
- d) Resonance.

Q9. What's so valuable about 99.9% of matter?

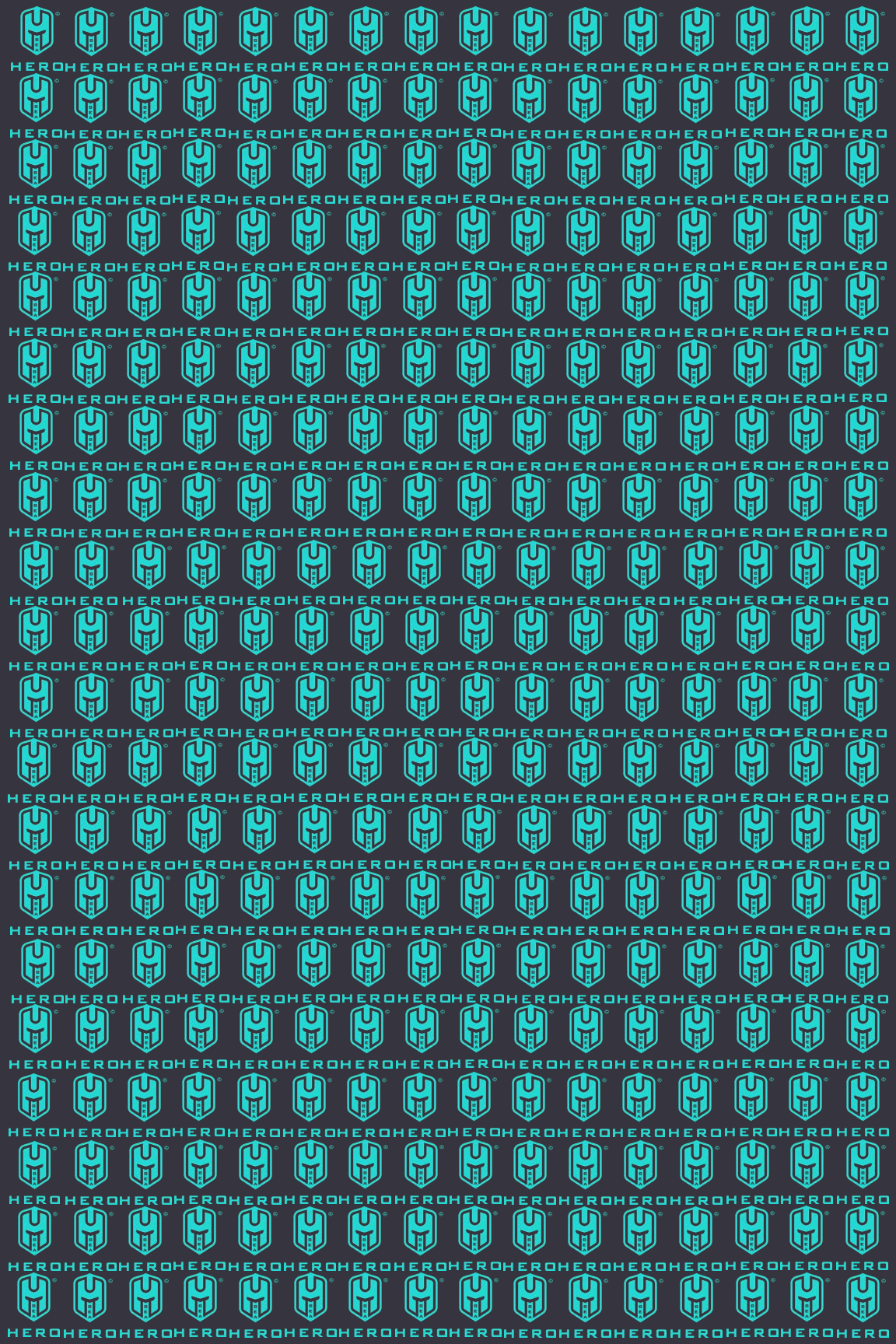
- a) The cosmic dust.
- b) It contains frequencies of intelligence and information.
- c) The ozone.
- d) All of the above.

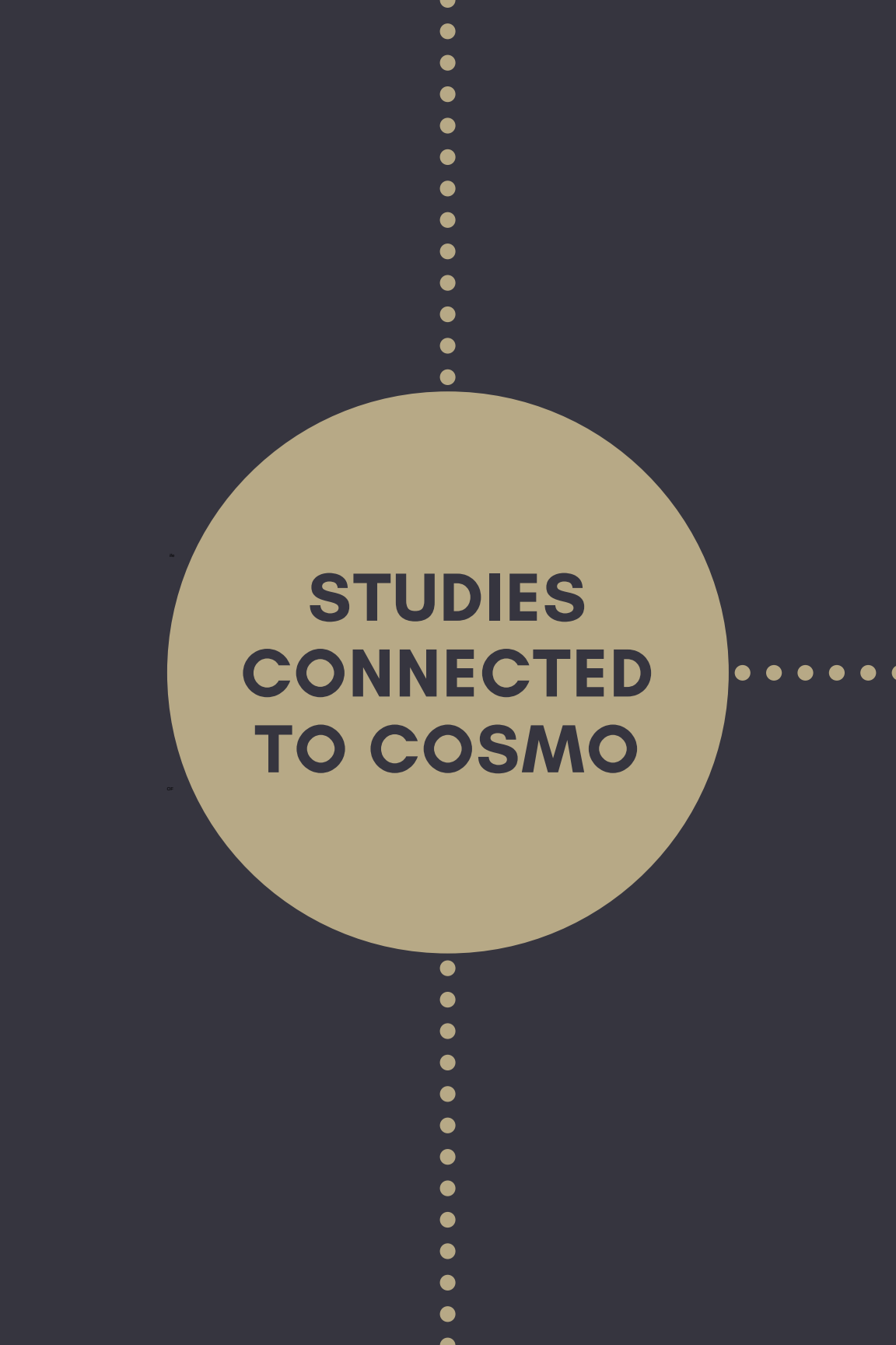
Q10. What's a key component in the Supernatural Medication?

- a) Hold the breath as long as possible.
- b) Relax all the body.
- c) Focusing in the empty space.
- d) Breathing constantly.

Q11. What's a form of parapsychology?

- a) Telepathy and remote viewing.
- b) Contact with spiritual forces.
- c) Activity outside the normal five senses.
- d) All of the above.





**STUDIES
CONNECTED
TO COSMO**

In the last chapters we have uncovered more and more how **the universe in its infinite complexity operates under many codes**, often referred as universal laws, causing a constant change like a dance between creation and destruction often observed in a repeating chaotic cycle.

Although, while things are extremely well-defined quantum physics teaches us that **some things remain uncertain**.

So, while we let science continue to learn, I'll be sharing briefly in this chapter some of the ancient established studies and their connection to life on earth. In particular I select the subjects of numerology, astrology, and Feng Shui.

While some of these topics **may appear different in nature, they are interconnected**, and they possibly influence life more than we can imagine.



Numerology

Brief Introduction

Numerology is described as **the study of the vibration of numbers and how they are connected to life.**

What does that mean?

Think of it as the practice that **studies numerical interconnectivity** — the belief that everything is aligned through non-physical forces best articulated through numbers.

Today most frequent numerology practices are based on the teachings of the ancient Greek philosopher, Pythagoras. As a brilliant mathematician, Pythagoras believed that the physical world was the amalgamation of the energetic vibrations of numbers, and developed a system that corresponded letters, and numerical sequences with a whole number.

Is it a coincidence that we often hear the saying "mathematics is a universal language?"

While numerology is generally used to give meaning using a numerical value to words, names, dates, ideas, and even coinciding events, experts often use it in association to paranormal and similar to divinatory arts.

Since I don't want you to miss out in further exploring this language of the Cosmo, a great way to begin in numerology is by **uncovering your, or someone's you know, life path and destiny numbers**, which you can unveil in the next pages.

This reminds me of how if you ever read a book on palm reading or Chinese face reading, the extrapolating of shapes, lines and marks are the evolving map of someone life's characters, traits and journey.

The deeper you learn this the more you realise that mathematics can be applied to everything, and unlocking its code is a true journey of self-discovery.



As above, so below; as
✦ below, so above.

HERMETIC AXIOM



Numerology Systems



There are different neurological methodologies available feel free to explore them as you please.

- **Pythagorean Numerology**

- Pythagorean calculation
- Most popular in Western countries
- Known for knowing one's future and essential small part of Indian Astrology
- Based on numbers ranging from 1-9 holding certain energy and vibrations which can be both used positively or negatively
- Origins: Ancient Greece

- **Kabbalah Numerology**

- Mystical
- Most popular
- Known for discovering and finding one's inner self
- Based on each letter of the alphabets holds a certain value, which in turn, signifies specific characteristics
- Origins: Hebrew mystical science

- **Chaldean Numerology**

- Mystical and spiritual
- Known for its accuracy and precision while making predictions
- Based on the vibrations emitted by a certain number, which gives its unique characteristics
- Origins: Ancient Babylonia (present-day Iraq)
- Single digits signify outer influences while inner ones signify the inner aspects of a person

- **Tamil Numerology**

- Indian or Vedic
- Oldest form
- Known for knowing one's future and essential small part of Indian Astrology
- Based on numbers from 1-9, each holding a specific characteristic which helps in knowing oneself completely
- Origins: Ancient Indo-European (1500 BCE religion from present-day Iran)



Pythagorean Numerology



Numerology Calculator

DATE OF BIRTH

Life Path Number:

Meaning: _____

Birthdate Number:

Meaning: _____

Personal Year:

Meaning: _____



FULL NAME

Name Destiny Number:

Meaning: _____

Soul Heart Number:

Meaning: _____

Personality number:

Meaning: _____



Scan or click the QR code to calculate your life path and destiny numbers based on the Pythagorean method. For other numerology systems take advantage of the web.

Astrology

Astrology can be seen as a companion to astrology and it's the **study of stars and planets in the sky and their connection with life on earth**. A great way to further **discover** this fascinating subject is **by retrieving your**, or someone's you know, **birth natal chart and its meaning**.

The birth natal chart is a screenshot of the main astral bodies position as they were moving through different zodiac signs and houses at your time of birth.

The **interpretation of** each birth chart gives a wide spectrum of

someone's personality, status, identity, attractiveness, desires, growth..and many more life's traits.

What's also interesting is to realize the multiples intricacies of how a natal chart moves throughout time, by reading its related **transitional charts, progressions, ascendants** etc.

This is just a speck of what astrology offers through the vast and complex mathematics able to interpret life's phases, events, relationship compatibilities and even destiny.



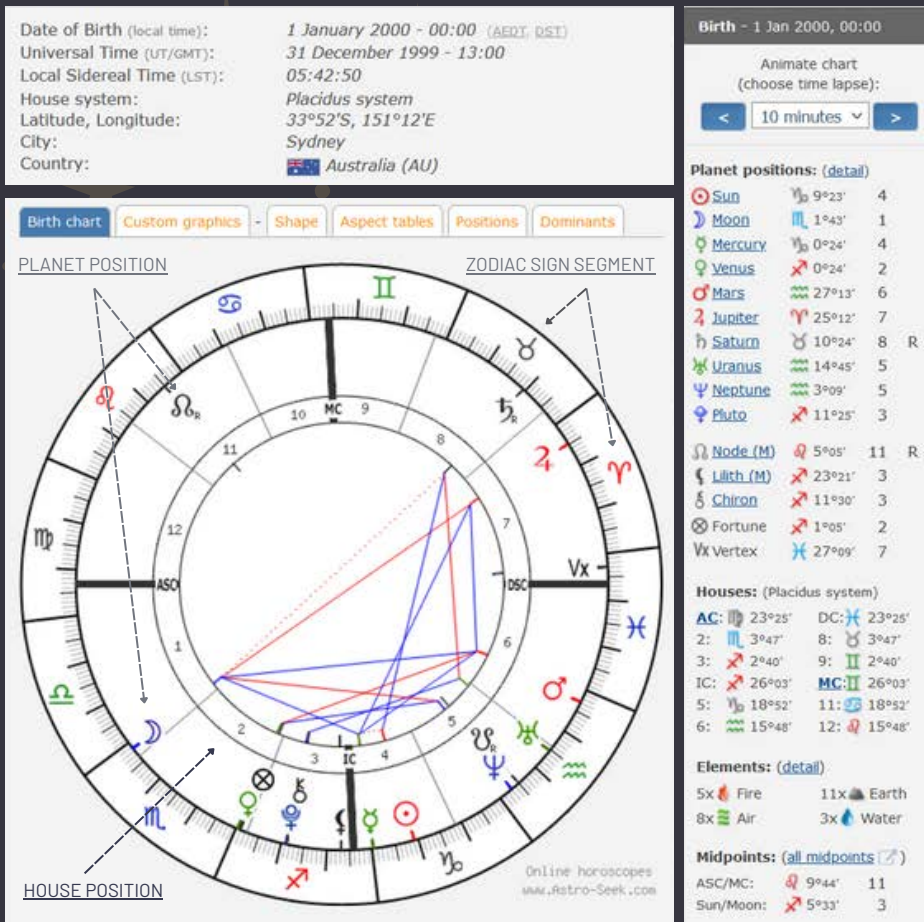
**Birth Natal Chart
Calculator &
Interpretation**



Free Online
Calculator by
Astro-Seek



Birth natal chart of someone born at
midnight on 01/01/2020 in Sydney, Australia.



- The chart gives a graphical representation of the relative position of the main astral bodies in reference to the time and space of birth placed in the middle of the circle
- The frame of the chart is segmented in twelve zodiac signs in the outer circle, and twelve houses in inner circle
- Each small symbols around the chart is the position of an astral body (i.e. sun, moon..)
- The blue, red, and dashed lines inside the circle connect one astral body to another, and serve to interpret specific characteristics and mannerism
- The calculator based on these information provides a full descriptive interpretation

Feng Shui

The Chinese **principles of energy flow among things**, Feng Shui, or "wind water" is an art and science that studies the relationships between things **such as elements, colors, cardinal directions, time, sounds**, and even our human body. While this practice became popular in the west in how to arrange one's home, it actually has a lot more and deeper insights.

If you decide to explore this teachings in your Hero's journey you will discover profound **methods of body and mind self-revelation and self-healing**.

From postures, diets, exercises, to innovative meditations and techniques based on the principles of Chinese medicine and "becoming aware of your center."

I found this subject very fascinating and particularly unique when studying the interconnection of balance between the five elements of earth, water, fire, metal, wood and its relation to colors, situations, time, directions, involving also our organs, hands, feet and face as they are all expression of these five main elements.

THE 5 ELEMENTS



In Fen Shui each main element is associated with a spectrum of colors and attributes. Air is the only element considered present in all main five.



Feng Shui cardinal directions in reference to colors, elements and characteristics.



Feng Shui in Action - Quiz



Look up online for the correct answer to each question.

Q1) Which item could you place in your office to encourage persona growth?

- a. A metal statue of a Confucius
- b. A picture of waterfall
- c. A plant
- d. A rose quartz

Q2) Let's say that you have some trouble sleeping, which direction should your bed face?

- a. Towards the window
- b. Towards the south
- c. Towards the door
- d. Towards the north

Q3) Your home needs a mirror, where should you place it?

- a. Facing my bed
- b. Facing the dining room
- c. Facing across the front door
- d. Facing a window

Q4) Someone suffers from kidney problem, what food should they be eating?

- a. Blueberries, blackberries, Miso soup, seaweeds and soy sauce
- b. Shrimp, crab, lobster, and salmon
- c. Green tea, lemons, limes, and sour green apples
- d. Vegetables that include turnips, raw bananas, and white asparagus

Q5) You find yourself constantly tired, what can you eat to add some "yang" energy foods into your diet to restore the "yin yang" balance in your body?

- a. Radishes, onions and potatoes
- b. Pumpkin, mushrooms, squash, and mangoes
- c. Lime, pickles, honey, eggs, and seaweed
- d. Lettuce, peas, green beans and olives

Q6) You find yourself waking up at 1-3 am lately, why?

- a. It could be a sign of heart's complication
- b. It could be a sign of lungs' complication
- c. It could be a sign of pancreas' complication
- d. It could be a sign of liver's complication





HERO

Let's recap...

STUDIES CONNECTED TO COSMO

- **The universe operates under many codes, are they interconnected?**
- **NUMEROLOGY** - Brief Introduction
 - **The study of the vibration of numbers, and how they are inter-connected to life**
 - **It's generally used to give meaning using a numerical value to words, names, dates, ideas, events and more**
 - **Discover life path and destiny numbers - LINK**
 - **There are four main numerology systems**
 - **Pythagorean - from Ancient Greece**
 - **Kabbalah - from Hebrew**
 - **Chaldean - from ancient Babylonia**
 - **Tamil - from India**
- **ASTROLOGY** - Brief Introduction
 - **The study of stars and planets and their connection with life on earth**
 - **Discover birth natal charts and their interpretation - LINK**
 - **Birth chart calculator sample**
- **FENG SHUI** - Brief Introduction
 - **Chinese principles of how energy flows among things**
 - **It involves multiple elements, colors, time, sound, cardinal direction and more**
 - **It studies methods of body and mind self-healing**
 - **The 5 Elements: water, wood, fire, earth and metal**
 - **Feng Shui cardinal direction graph and interconnection with**
 - **Feng Shui practical quiz**



16th Milestone Quiz

Choose the most correct answer according to the BEA HERO's teaching. When you're ready undertake your official quiz online on our website using the link or the QR code.

16th Milestone Test.
Beahero.world.

Q1. What's numerology?

- a) The study of Pythagoras geometry.
- b) The study of how number connect to life.
- c) The study of mathematics.
- d) The study of physical forces in a numeric order.

Q2. Is true or false that numerology comes from Ancient Greece?

- a) True.
- b) False.

Q3. Is true or false that numerology involves only number should not be mixed with letters of the alphabet?

- a) True.
- b) False.

Q4. What's astrology?

- a) The study of the zodiac
- b) The study of stars and planets and their connection to life on earth
- c) The study of astronomy
- d) The study of constellations

Q5. What's a birth natal chart?

- a) It is a chart based on your family dynasty.
- b) It is a fast method to know your lucky number.
- c) It is a chart about your hidden desires.
- d) It is an astronomical snapshot of the stars based on the exact day, time, and place someone is born.

Q6. What does Feng Shui translate to?

- a) Wind-water.
- b) Fire-earth.
- c) Yin-yang.
- d) Vitality-Force.

Q7. What does Feng Shui study?

- a) It studies the spectrum of colors.
- b) It studies the cycle process of fire, water, earth, with air.
- c) It studies the principles of energy flow among things, its interrelations and connections.
- d) All of the above.